

# IMPACT REPORT

2022

MORE THAN  
**1.5**  
**million**  
FEEDINGS FOR  
FRAGILE INFANTS  
IN 2022



Mothers' Milk Bank Northeast  
*Share the Health*

## A MESSAGE FROM OUR LEADERS

What a year it has been for Mothers' Milk Bank Northeast! As outgoing board chair, I am so proud of the resilience of our staff, board, and volunteers over the past few years. Their strength has allowed us to fulfill our mission of providing lifesaving, pasteurized donor milk to infants in need. This year we added to that fortitude, bringing on a new Executive Director, Deborah Youngblood.

In Deb's words:

I was honored to take on the role of executive director. After six years working as the Commissioner of Health & Human Services for the City of Newton and many others in nonprofit leadership roles, this is the perfect place to make a difference in public health.

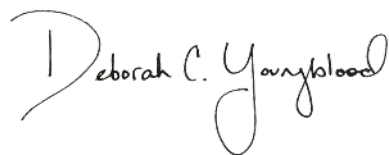
2022 was spent rebuilding with an eye toward creating a brighter future. We overcame the lingering impacts of COVID, a national donor milk shortage, and a formula drought while implementing numerous organizational improvements. There is much left to do but we are proud of our accomplishments and energized by what's next.

As I hand over the reins to incoming board chair Mark Rosen and Deborah, I am excited for the future. As a lactation nurse, I work with families who benefit from the tireless efforts of the milk bank's staff, board, milk donors, and financial supporters to provide lifesaving donor milk. This medical resource provides families peace of mind when faced with serious infant illness or breastfeeding difficulties. So much goes into every bottle of milk, and I am filled with gratitude for everyone who contributes to our mission.

Together we are delighted to usher in 2023.



Jennifer Riley, RN, IBCLC, Board Chair



Deborah C. Youngblood, PhD., Executive Director



# 7,266

Milk Donors Since 2011

THE YEAR AT A GLANCE



A RECORD  
BREAKING 970  
MILK DONORS  
ACROSS 22  
STATES



APPROX. 1.5  
MILLION MEALS  
PROVIDED TO  
BABIES IN NEED



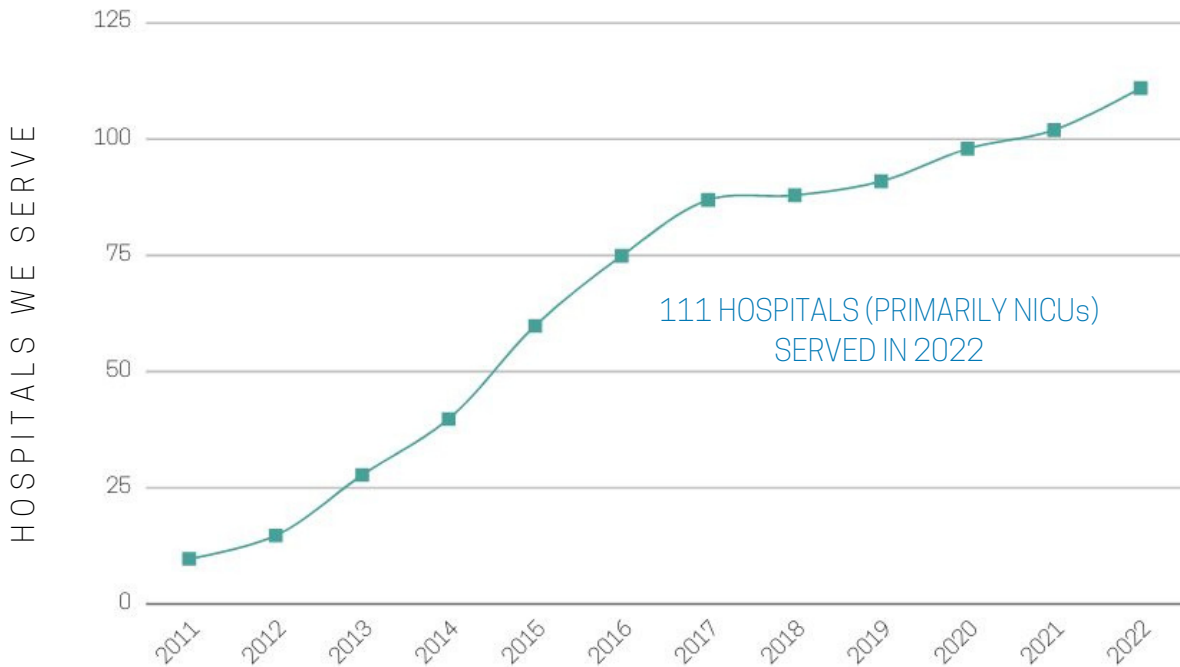
33 LIVES  
HONORED BY OUR  
BEREAVED  
DONORS



APPROX. 26K  
FEEDINGS  
DISTRIBUTED  
THROUGH  
CHARITABLE GIFTS



14,960 OUNCES  
OF MILK  
DELIVERED BY  
#BIKERS4BABIES



TOGETHER, WE:

KEPT MILK FLOWING  
TO 100+ HOSPITALS,  
PRIMARILY NICUs,  
PROTECTING  
VULNERABLE BABIES

PROVIDED  
SUBSIDIZED DONOR  
MILK FOR LOWER  
RESOURCED  
FAMILIES, PROMOTING  
EQUITY

EDUCATED THE  
COMMUNITY ABOUT  
THE NEED FOR MILK  
DONORS TO SUPPORT  
FRAGILE BABIES

FOSTERED  
BENEFICIAL  
OUTCOMES FOR  
BREASTFEEDING  
PARENTS WHO  
REQUIRE  
SUPPLEMENTATION

## WHO WE SERVE

Delivered at Brigham & Women's Hospital, Alden was perfect but mom Rebekah's euphoria soon gave way to stress as, initially, she didn't have enough milk to feed her son.

Fortunately, her nurse really listened to and understood Rebekah's desire to feed her son breastmilk, suggesting that she supplement with human donor milk instead of formula.

Rebekah's supply eventually came in but donor milk provided that much needed bridge to breastfeeding - just as intended for healthy, full-term babies.

"It's crazy remembering how stressed and scared I was. I'm still so thankful and relieved my son had what he needed to grow and develop."

Recipient, Rebekah & Baby Alden



Nicki was about to leave her OB/GYN's office when a doctor and midwife returned to tell her that her water had prematurely ruptured.

Less than 31 weeks pregnant, she sobbed wondering what this would mean for her baby. Induced at 34 weeks, her son, Demetri was intubated twice and underwent treatment for jaundice. He spent almost one month in the hospital.

Having learned that donor milk is especially protective for premature babies, Nicki readily agreed with her doctor to supplement with it. Today, her NICU warrior is thriving.

"Donor milk is a blessing. I'm so thankful for it and the team at Mothers' Milk Bank Northeast."

Recipient, Nicki & Baby Demetri

"I was in such a negative space when we lost Bennett. Donating his milk to babies in need felt like a way to add something positive. It made me feel connected to him, like his life meant something. It's really his gift to others."

~ Bereaved Milk Donor, Savannah

"I'm so glad places like Mother's Milk Bank Northeast exist. Having a baby in the hospital is scary enough. If we hadn't been able to give him donor milk until my wife's supply came in, his journey would have been much more difficult."

~ Donor Milk Recipient, Dario





## OUR 2022 BOARD

Jennifer Riley, RN, IBCLC, *Board Chair*

Lillian Graffam, *Clerk*

Robert M. Insoft, MD, *Medical Director*

Ralph Lieberman, *Vice Chair*

Jessica Mutch, CPA, MBA, *Treasurer*

Mark I. Rosen, PhD, *Chair Elect*

David Jellinek, Esq.

Tali Flomenhoft, MBA, MA

David Newburg, PhD, *Ex Officio*

Paula Oliveira, RN, BSN, IBCLC

Brenda Anders Pring, MD, FAAP

Deborah C. Youngblood, PhD Executive Director

## OUR MISSION

Every baby deserves the chance to thrive. Mothers' Milk Bank Northeast supports family and community health, providing equitable access to safe, lifesaving pasteurized donor human milk.

## OUR DIGITAL COMMUNITY



@MMBNE



@MILKBANKNE



@MOTHERSMILKBANKNORTHEAST



## WE COULDN'T DO IT WITHOUT YOU

Our work is made possible by the generosity of people who share our belief that babies who need donor milk should receive it. People who understand that our littlest community members need everyone to pitch in and invest in their health. People who recognize the science behind ensuring that medically fragile babies receive the safest possible nutrition source, human milk.

We are beyond grateful for our incredible milk donors. Their gift, which also requires the gift of their time, energy, and compassion, never ceases to amaze us. Likewise, we are so appreciative of our financial donors, our volunteers and our many community partners. Together, we can do incredible things.

# 10X

Growth In Hospitals Served  
Since 2011

# 7,266

Milk Donors Since 2011



MILKBANKNE.ORG

MOTHERS' MILK BANK NORTHEAST  
377 ELLIOT ST  
NEWTON, UPPER FALLS  
02464

617-527-6263

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<https://milkbankne.org/>



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